



The Windsor Place Town Crier

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2921 West First - (620) 251-5190 - Coffeyville, Kansas 67337

May 2019

Walk Around the Block

By: Karen Wilson, London/Cambridge Activity Director

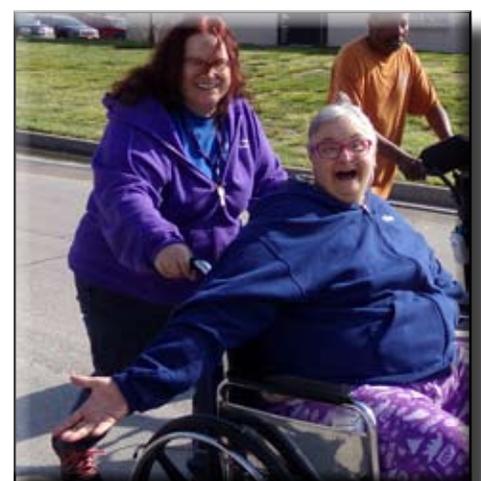
Spring bring warm weather and sunshine. Spending time outside in the fresh air and sunshine are some of the benefits for our residents; also it helps to eliminate boredom and loneliness. It gives them more energy throughout the day, by keeping more engaged, and makes them feel more alive. So this brings me to my main topic:

We have started our weekly Walk Around the Block. Every Friday morning at 10:00 am (weather permitting) if you are traveling in our neighborhood you might notice twenty to twenty five wheel chairs residents and staff taking up the street and holding up traffic. The purpose of the walk around the block is for residents to enjoy the fresh air and sunshine. The walk also helps us with some of our behavioral problems, agitation, and wandering by keeping them more active. This also provides the staff one-on-one interaction with the residents that they are assisting; during the walk they visit and reminisce about the outdoor things they used to enjoy doing.

Other benefits of getting our residents outside is sitting on the front porch while playing trivia this helps with their mind and alertness making them think about their response to the question. Or sitting in the courtyard watching the flowers in bloom and hearing the birds chirp helps with the spirit. Taking trailer rides around town, looking at the present and past scenery or familiar landmarks. This helps with the body and soul. Being able to breathe the fresh air, feeling the wind blowing on you face, able to get out and be among the living; life doesn't end when you come to a nursing home. The nursing home is a wonderful place to be when needed but here at Windsor Place not only you needed but wanted. We like to make you still feel a part of the community we also have many partners that come to our building for activities and many community outings we travel to attend.



Children hustle to pick up eggs at the annual Windsor Place Easter Egg Hunt.



Karin Tevebaugh and Marcia Abell take a stroll around the block.

Good Things are Happening at Windsor Place

By: Michael Mayberry, Administrator

April 2019 marks my thirteenth month since I became Administrator of Windsor Place. During this time, I am pleased to share with you a few of our program highlights. First, let begin by giving a special thanks to our CNAs, med aides, restorative care team, housekeepers, dietary staff, laundry team, activity staff, and our management and leadership team (and community volunteers) for their ongoing commitment to making Windsor Place one of the best nursing homes in the state of Kansas. Inspired and led by our mission statement, here are just a few highlights I want to share with you.

Bathing without a Battle

More than 120 employees have completed our Bathing without a Battle workshop in the past year.

Led by our Executive Director, Monte Coffman, *Bathing Without a Battle* is a 4 hour class which focuses on the Windsor Place history, culture, mission and values. It also does explore all elements involved in creating a Better Bathing Experience for the Windsor Place residents. The workshop offers person-centered methods for making the bathing experience more enjoyable for both caregivers and the people they are bathing. The Bathing Without a Battle program has been endorsed by countless individuals and organizations committed to quality care and culture change in nursing homes, including the Centers for Medicare and Medicaid Services. Windsor Place will hold Bathing without a Battle classes monthly throughout 2019.

Windsor Place as a Learning Organization

Because we consider ourselves as a learning organization, one of our most important goals is to facilitate the learning of our employees and continuously transforms them into outstanding employees, so that we are able to meet the changing needs of the residents and their families. First, Led by our Director of Nursing, Amanda Long (and her nursing care team), we offered 13 simulation labs over the past 13 months with an 87 percent attendance rate. What is really neat about the simulation labs is that it is a controlled, safe environment where our nursing care team can train with one another before performing care on the residents. As the administrator, I recall my last simulation lab where I volunteered to be transported from chair to bed. I appreciated the learning experience and how the staff took good care of me (and the other employees who were transferred). I have always been a firm believer that greatness begins on the practice field.

Committed to our mission and core values, each Wednesday at 8:00 am and 11:00 am, our management team participates in leadership development, facilitated by Monte Coffman. We are currently reading and practicing from the book *Crucial Conversations* written by Patterson, et al. The book is designed to teach employees (or anyone for that matter) how to prepare for high-stakes conversations, make it safe to talk about almost any topic, change unpleasant emotions into the type of dialogue that moves the team forward, and to be persuasive, not unpleasant during our conversations with one another. Other leadership sessions have include books and texts such as *The Leadership Challenge*, *Leadership*, and *the One-Minute Manager*, *The New One Minute Manager*, *Putting the One Minute Manager to Work*, *Whale Done!*, *Gung Ho!*

Additionally, Windsor Place is focused on skill development, which includes Competency Exams. The goals of these tests are not limited to identifying the areas of knowledge and deficits; the score of the exam becomes the instrument that will facilitate laser focused, accelerate training of new and current employees, optimizing the skills of each worker. Out of the 100 exam questions, employees are only allowed to miss up to eight questions. Otherwise, they will have to retake the exam.

Coffee and Conversations with the Residents

Our Activity Directors (Karen, Cheryl, and Amanda) initiated the Coffee and Conversations with the residents. The purpose of this ongoing activity is to serve as a reminder for all employees to stay fully connected with the residents during their stay at Windsor Place. It is also an excellent opportunity for staff to learn the value, the worth, and strengths of each resident during their conversations. Having these conversations can also help residents feel like a person, maintain important connections and relationships with staff, and improve their overall wellness, as well as, increase their mental and physical activity, especially when a board game is added to the conversation.

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Walks around the block

In order for the residents to do well, they must be able to participate and enjoy outdoor recreational activities and events throughout the year and especially in the summertime when the weather is warm. This is why our Activity Department developed the Wheelchair stroll around the block, which takes place every Friday between 10:00 am and 10:30 am. This fun activity provides many benefits, including social interaction between the residents and the employees, it helps maintain the health and well-being of the residents, it provides needed fresh air to the residents, and it gives the staff an opportunity to exercise. Other outdoor activities include sitting out on the patio, working in the garden, and participating in scheduled field trips.

The Coffee Bar

While many of our employees could probably get a decent cup of coffee from several places in Coffeyville, there is something a little extra special about getting a fresh cup of coffee from the Windsor Place Coffee Bar, which is why our human resource director Dave Parsley created the coffee bar. Designed with our employees in mind, we know how hard they work each day to care for the residents, so we wanted to provide a way for them to grab a quick cup of coffee and a snack in between their lunch break. But what really excites me about this added perk is that the bar is supported and funded by several employees.

High Five Moment

We started a “High Five Wall” on our Oxford and London units for staff, including managers to give “Kudos” to their fellow coworkers. The high five board is a good way to get employees in a Thank You Note Habit where employees have weekly opportunities to give a special thanks to a Windsor Place employee. For example, we are all thankful for our social service director Melissa (and her staff) for being the face of Windsor Place when it comes to providing ongoing, quality customer service to the residents and their families.

As always it is a great pleasure to serve the Windsor Place residents.



Fresh Air! Windsor Place Residents and Staff taking advantage of the opportunity to breathe it in with a walk around the block!



Chaplain Mike giving the Easter message to the Chelsea Community.

Age-to-Age

By: *Jacque Rooks, Age-to-Age Liaison*

How can the beauty of the spring season be more wonderful? We found the answer as the Age-to-Age students and the Windsor Residents lived each day to the fullest! Although we had a very full schedule for the month of April, it became apparent that happiness finds a way into our hearts when we keep busy and strive to make the world a better place by working together hand-in-hand to accomplish good things.

Marilyn Dick, a member of the Chelsea community joined the students one afternoon to teach us how to carve soap. One of Marilyn's favorite past time has always been carving items out of wood. She is known nationally for her beautiful wood carved eggs. She stated, "I couldn't keep up with the demand as I traveled the country." How excited the children became as they started carving their soap. They have decided they are going to give their finished product as a gift to a special person on a special day. To protect their secret, I will wait until next month to let you know the results of this project. Thank You Grandma Marilyn for sharing your talents with us!

Open House for next year's prospective students was held on April 11th in the classroom. Several residents greeted the families as they came and went. Many of the families and children paused to visit with residents. It is heart warming to see the different generations from Coffeyville coming together for common purposes. The atmosphere gave a glimpse of the past when it was the norm for all generations to support one another. Residents even mentioned it reminded them of days gone by when all ages gathered in downtown Coffeyville on Saturday nights!

Residents and students have completed their decorations for the Promotion event. They are anxious to put them on display at the program to be held on May the ninth.

Easter baskets and May baskets were completed during afternoon intergenerational time. Students took their baskets home to be shared with their families and residents took their baskets to their rooms for holiday decorations. We are all looking forward to delivering the May baskets on schedule!

Other Easter activities included an Educational Easter egg hunt and an Easter parade. Residents gathered in the Oxford parking lot to watch and help the students find eggs filled with letters, words and sounds. The Grandma and Grandpa readers listened as the children told them the letters and sounds. Once they identified the letter and sound, the residents sent them after another egg. Other residents served as cheerleaders to keep the children on the go! The day was beautiful and we all enjoyed the outside air!

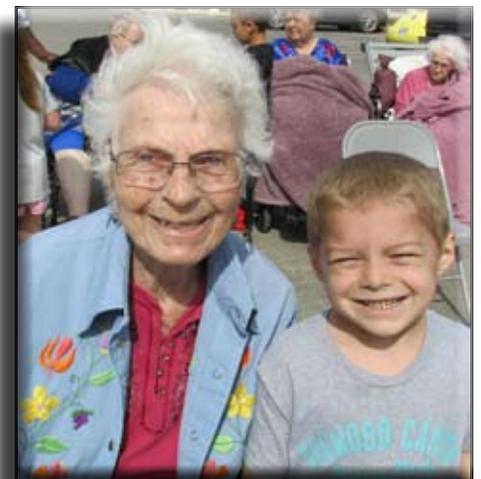
If it is a parade you like, you would have loved this one! Students and residents spent some time making Easter bonnets and bow ties to wear for the occasion. On Thursday, April 18th, the Residents and Age-to-Age students formed a line to take a stroll around the facility to show off their creativity. They brought many smiles to many faces through their efforts. Thanks to all who participated.

We were visited by second grade students from CES on two different Mondays during the month. They had chosen Windsor Place for a community project. They brought sun catchers and Easter wreaths they had made to the residents and spent quality time visiting with the residents on L/C and Oxford communities. They also visited with the Age-to-Age students in the classroom. The conversations were enlightening and certainly enjoyed by the Windsor community members.

As the school year comes to a close, we remain thankful for the support we receive from everyone! Until next month we wish fulfilled days for you all!



"Grandma Frances" (Frances Wooten) having a conversation with a group of Age-to-Age students.



Norma Derringer helping Gunner Sallee at the Age-to-Age Educational Easter Egg Hunt.

**RESIDENT OF THE MONTH
SELECTED**



LOIS CARLISLE

By: Amanda Landsaw, Chelsea Activity Director

The Resident of the month for May 2019 is Lois Carlisle.

Lois was born March 8, 1936, in Tulsa Oklahoma to Clyde and Evelyn Swarthout. She has two sisters and one brother. She attended Boarding School in Waxahachie Texas.

Lois worked in Retail and the Deputy County clerk office for over 20 years. Lois has three children Champ, KaLynn, and Tracy. She also has five grandchildren and four great-grandchildren.

Lois's hobbies include sitting and working outdoors, working with plants, and watching television. Other things Lois enjoyed are teaching Sunday school and helping out in the church pantry. Lois loves her family stating, "We are very close".

Here at Windsor Place, she gets to visit her son, Champ, and daughter, KaLynn, as they both work here. Lois is also a member of the First Assembly of God Church. She enjoys reading her bible. She also enjoys playing weakly bingo, visiting with other residents, and talking to her daughter Tracy on the telephone.

Congratulations, Howie, for being chosen Windsor Place Resident of the month, for May 2019!

**COMMUNITY MEMBERS
CELEBRATING BIRTHDAYS THIS
MONTH**

John Hale	05/04
Helen Smith	05/14
Sharon Russell	05/16
Shirley Verd	05/28

In Loving Memory

- Billie Walker
- Wilma Meitler
- Bryant White
- Arnold Almond
- Fred Dexter
- Oneita Keller

MOVED OUT OF THE COMMUNITY

- Joyce Alexander
- Joyce Schmidt
- Wanda McDaniel
- Nick Swindler
- Laverna Huneycutt
- John Kidwell
- Anthonia Hood
- Phillip Osburn
- Judith Scott
- Dorothy Decker

**NEW ARRIVALS TO
THE COMMUNITY**

- John Kidwell
- Heraldene Ferguson
- Joann Spradlin
- Phoebe Drake
- Judieth Scott
- Cheryl Penrod
- Doris Larsh
- Wanda Kimrey
- Georgann Smith
- Kathryn Thompson
- Linda Harris
- Kathleen Owen
- Terry Dillon
- Edra Baldwin
- Helen Smith
- Lester Luker

STAFF MEMBERS CELEBRATING BIRTHDAYS THIS MONTH

Nikki Hafner	05/03
Karen Gavrilys	05/20
Cammi Hills	05/22
Ruth Spirgen	05/23
Kari Bachman	05/24
KaLynn Showalter	05/24
Rhonda Jaimez	05/24
Karin Tevebaugh	05/28
Gloria Brooks	05/29
Jory Pearson	05/29
Ahlayna Davis	05/29
Megan Pierce	05/30
Ashton Branstetter	05/31

EMPLOYEES CELEBRATING ANNIVERSARIES THIS MONTH

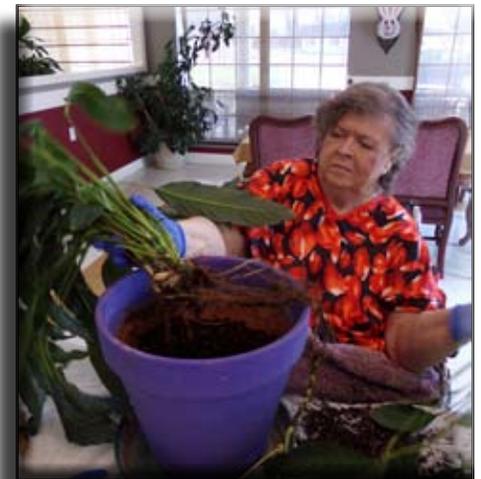
	(# of years employed)		(# of years employed)
Shequetta Dean	1	Erin Holeman	4
Meagan Hizey	1	Melissa Preston	5
Kamron McManus	1	Alice Hite	6
Sarah Reichert	1	Nikki Hafner	10
Carole Cottrell	2	Anthony Vernon	11
Pamela George	2	Janet Fosnight	14
Megan Graham	3	Sandy Eubanks	20
Phyllis Harmon	3	Fern McDaniel	27
Paula Page	3		



Marilyn Dick teaching the Age-to-Age students how to carve soap.



London/Cambridge Community Members dyeing Easter eggs.



Patricia Bierbrodt transplanting some plats to a bigger pot.



Second grade students from CES enjoyed a visit with Windsor Place Community Members.



Claretha Wooten takes a walk around the block with Amanda Long.



Ruby Medley visits with a CES student.



Windsor Place Community Members attend the annual Windsor Place Easter Service.



Norma Derringer, Helen Sumpter, Frances Long and Beverly Tunstall painting on their craft during craft time.



Frances Long gives suckers to children attending the Age-to-Age open house.

News from Assisted Living

By Cathey Heady, Assisted Living Activity Director

Easter is always a fun celebration at our assisted living facility. We dyed Easter eggs, did an egg hunt, made cookie chicks, and enjoyed a grand dinner on Easter Sunday. We are so excited the weather has been beautiful and allowed us to go out on van rides, enjoying the fresh air and signs of spring. We enjoyed going to the Tot Olympics at CCC, and watching a performance of “Seusical the Musical.”

We want to welcome Gloria Moore as the new activities director for our Tyler Street facility. Gloria has worked with us for many years, but has just stepped into this new role. We are excited to see the fresh perspective Gloria will bring to our activities program.

We are continuing our informational series this month with signs of dementia.

1. Short Term Loss of Memory
2. Trouble Communicating
3. Confusion
4. Moodiness
5. Inability to Understand Sarcasm
6. Inability to Perform Simple Tasks
7. Repetition
8. Loss of Interest
9. Falling
10. Problems Coping

If you feel your loved one has signs of dementia, seek the advice of their primary medical provider.

You can also gather more information the Alzheimer support group that meets monthly at our Nursing Center. For information about this you can call Sarah Herriman at 252-4918.



Celebrating Hawaii with the Little Blessings Preschool.

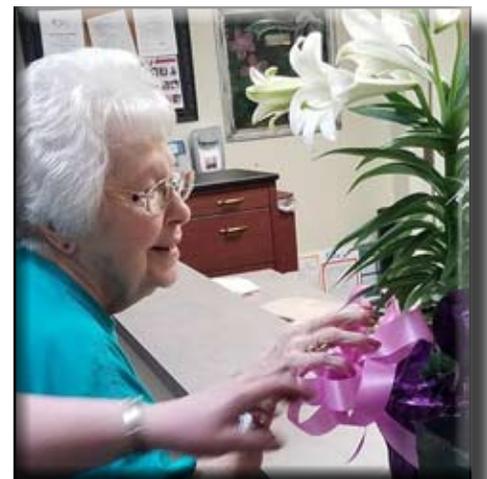


Joyce Schmidt and Joyce Pridgeon dyeing Easter eggs.



Joan Thomas hits the jackpot while hunting Easter eggs.

Birthday lunch at Lanning's Downtown Grill.



Mosaic joined us for craft time.

Joyce Schmidt finding eggs (with maybe a little help).



Rita Rinkenbaugh's great-grandkids stopped by for a visit.

"Seussical the Musical" was so much fun to watch!

Resident Quotes

“WHAT DOES LOVE REQUIRE?”

Collected By: Cheryl Brown, Karen Wilson and Amanda Landsaw

- | | |
|---|--|
| Jeanie Daugherty.....I feel that love require sweetness along with marriage. | Helen Sumpter.....Caring and understanding each other. |
| Wanda Lindesmith.....I feel love requires patience. | Norma Derringer..... Talking and Listening. |
| Dean Powers.....Love requires a lot of patience and understanding. | Lori John.....Honesty. |
| Linda Beever.....Being friendly and thinking of the other person is what love requires. | Frances Long.....Friendship and Love. |
| Marcia Abell.....A heart of gold is what I feel love requires. | Eva Traxson.....Behaving Yourself. |
| Tammy James.....Love requires a spouse, honesty and communication. | Jackie Copeland..... Sacrifice. |
| Geneva Myer.....Love requires honesty and trust. | Florence Chance.....Time and Patience. |
| Mae Nolte..... Everything. | Faith Carinder.....Liking the same things. |
| Bobby Kyle.....Admiration of everything good. | Dennis Bellamy.....Being kind. |
| John Housel..... Friends. | Sherman Hyatt.....Loyalty and Trust. |
| Howie Marcou.....Selflessness. | Zelda Stanley.....Working together and not giving up. |
| LaDonna Melton.....Have a deep feeling for someone. | Shirley Rollins..... Companionship and Respect. |
| Sharon Russell..... Everything. | |
| Marlene Thompson.....Togetherness. | |



London/Cambridge Community Members enjoying each others company during Courtyard visits.



Norma Derringer with her conversation group in the Age-to-Age classroom.



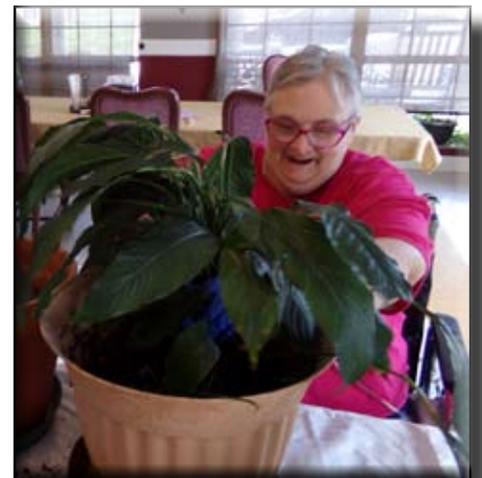
Mother and daughter going through eggs at the Windsor Place Easter Egg Hunt.



N i g h t t i m e B i n g o w i t h F e r n .



Tammy James tossing the bean bag on the Oxford Community.



Marcia Abell repots an indoor plant on the Oxford community.



Geneva Myer visits with a young man at the Age-to-Age Open House.



Enjoying a beautiful day by the courtyard.

Windsor Place

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Return Service Requested

“Recognizing that all life is precious, we will diligently serve the needs of each who enter here in a dignified manner.”

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Fresh air and a walk around the block!

Mailing List

The *Town Crier* is mailed free of charge to the volunteers, families and friends of Windsor Place. If you know of someone who is interested in receiving our newsletter by mail or e-mail, please feel free to offer this mailing list form to them.

Mailing List Form

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E-mail _____

Send completed form to Windsor Place in care of the Newsletter Department. Please report any address changes to the same address.