#### Remote Patient Monitoring Equipment May Include:



A tablet to transmit readings to the nurse.

Blood pressure machine to measure blood pressure and pulse.



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Pulse oximeter to measure blood oxygen levels.

A digital scale to measure body weight.





Tool to send blood sugar readings.

## Is Remote Patient Monitoring For Me?

Home monitoring can help if you have ongoing conditions. Finding and treating a health problem early can help you to live independently in your own home longer. Home Monitoring gives you the help you need to take care of your health. The routine checking of vitals also makes you more aware of your lifestyle choices and how it affects your health. Home Monitoring allows your caregivers to better care for you. For example, your caregiver can see if certain meals are raising blood sugar levels or if certain activities are helping you lose weight. With Remote Patient Monitoring. vour loved-ones can be more involved. If you let them, your loved-ones may get important information and help support your care.



Or Call 866-801-5391 or 620-251-4628

# Windsor Place Remote Patient Monitoring



To help you reduce your need to go to the hospital or emergency room, or into a nursing home



#### Remote Patient Monitoring

Remote Patient Monitoring is a service to help you take care of your long-term conditions and live in your own home longer.

#### What is Remote Patient Monitoring?

Remote Patient Monitoring was developed in 2007 by Windsor Place At-Home Care in cooperation with the Kansas Department of Aging. It allows you to be a part of your own health care every day, from the comfort of your own home. Tools are placed in your home that you will use to get your vital signs each day. The software automatically sends your vital sign information to our nurse. The nurse checks for any problems that you may need your doctor to look at.

The goal of at home monitoring is to help find and take care of health problems early. This can lower your need to go to the hospital, emergency room or other long-term care facility.

### How Does Remote Patient Monitoring Work?

Using the tools placed in your home, you take your vital signs and answer a few questions about your health. The data is sent by the system's software to a password protected website. Our nurses check all your readings and will see any reading that needs attention. The nurse can help you decide if you need to call the doctor.

All of your readings are available to your doctor in real time. This helps you get better healthcare.



Patient at Home Tools take vital signs and personal surveys with monitoring services.



**Coordinated Care Team** Managed personal care coordination for the best care.





**Telehealth Nurse** Custom software that provides the nurse with vital sign readings and allows for you to get help sooner.

