



The Windsor Place Town Crier

Volume XXIV, No. 9

2921 West First - (620) 251-5190 - Coffeyville, Kansas 67337

September 2019

Residents Community Involvement

By: Cheryl Brown, Oxford Activity Director

The residents of Windsor Place worked really hard throughout the building, making crafts for the Fair Exhibits. The Oxford Community won Reserve Champion for their dream catcher which was made by Geneva Myer. The London/Cambridge Community won Grand Champion for their bird house made by Lois Carlisle.

The residents were able to take part in the Rodeo Parade, and this was a big deal for them. When the parade was over they later headed over to the rodeo. The residents talked about how good the show was, but they really loved the funnel cake, corn dogs and turkey legs.

Some residents have wanted to go to the casino so we made it happen. This was such a joy to see. For some residents this is not just about gambling, it gives them a feeling of being in control. I asked one resident why go to the casino, and her response to me was, "What is the first thing that comes to my mind when you get home after being out of town for a few days?" I responded "now back to reality", well her answer was the same.

With school being back in session the residents make sure they have a front row seat to greet the Age-to-Age students as they enter the building. We are also looking forward to the Boys and Girls Club joining us as well as Humanities. They are eagerly waiting for Roger Banning to come back and play music for them again. He has become one of their favorite musicians here on the Oxford Community.

Windsor Place residents would like to thank the Interstate Fair and Rodeo Board for presenting us with the Certificate of Achievement award Second Place Winner in the 2019 Parade in the Commercial Business Division.



Marcia Abell, Geneva Myer, Lori Johns, Delores Johnson and Jeanie Daugherty on a trip to the South Coffeyville Casino.



Lois Carlisle proudly displays her birdhouse that won Grand Champion at the Montgomery County Fair.

Are you an “Impact” Player?

By: Michael Mayberry, Administrator

An impact player is someone who changes the game when he or she steps onto the nursing home floor, regardless of the position she or he holds. An impact player could be a nurse or a janitor; a dietary cook or the human resource director; a laundry staff or a CNA. What matters is not your title but the important role in which you play when you step onto the nursing home floor, when you are behind closed doors with a resident, when you walk through the dining room and notice that three tables need to be cleared and wiped down, or when you visit a resident (for no apparent reason) to have a conversation with them. There are countless ways to be an “impact” player.

As a former high school and summer league baseball coach, I believed that every player on my team was an “impact player”. You may be asking yourself, how can that be? How can everyone on the team be an impact player? Not every player on the team is a star player. Not every pitcher is an ace starter or closer. Not every batter is going to hit 40 plus home runs, knock-in 100 plus RBIs, win the Cy Young Award, or be inducted into the Baseball Hall of Fame. That is true. However, every player has a role to play. Every player contributes in some way to the success of their team.

Even back-up players can impact the team. While they may never get the game-winning hit, or strike out 10 players in one game, they still contribute to their team’s success. I recall a summer baseball game where our team was down by three runs in the bottom of the seventh inning with two outs and runners on first and second base. A back-up first baseman that played fewer than 12 games during the high school and summer seasons pinched hit for the picture. And after several pitches, the count grew to three balls and two strikes. On the very next pitch, the back-up player hits a line drive single into right field scoring one run, cutting the opposing lead to 3-5. Again with two outs and runners on first and second, the next batter, the lead-off hitter, lays down a perfect bunt moving both runners into scoring position. Now with the bases loaded and still two outs, a college prospect came to the plate, swings, and hits a deep fly ball into the left-field corner driving in two desperately needed runs to tie the game. The next batter, a 15-year-old sophomore, hits a game-winning double down the right-field line. The entire team, including the coaches, ran onto the field as if we just won the World Series.

While only a few players were mentioned in the above story, every player on the team contributed to the win. How is that? How did the players who did not play contribute to the game? For one, back-up players keep starters on their toes and keep them performing at a high level. Two, back-up players practice at the same level of intensity as the starters. They don’t act small because they are back-up players. In fact, back-up players work hard to become starters. And becoming a starter simply means to think like a starter. And three, like starting players, back-up players are also expected to be leaders even if they don’t have a chance to play in the game. Overall, these players contributed by showing up for the game, having a positive attitude, and remaining focused throughout all seven innings.

Like the above players, we can all contribute to the team’s overall success. We can all be “impact” players. We can all be great in the roles in which we were hired to play. I believe that every player is essential and that everyone’s role is important and vital to the success of the team--no matter how big or how small. The way the housekeepers contribute to the overall team’s success is by maintaining a clean and odor-free facility. The way the maintenance team contributes to the overall team’s success is by keeping the equipment and facilities in satisfactory condition and by eliminating costly repairs. The nursing care team, social services, activities, and dietary contribute to the team’s success by partnering with one another to ensure quality care is delivered to the residents. And the way the community coordinators contribute to the team’s success is by creating a strong partnership with everyone on their unit (and in the building)--for they are the super glue that holds the units together.

To be an “impact” player, challenge yourself over the next few months and decide you’re going to lead in a certain statistic (attendance, punctuality, zero incidents, having the cleanness hall, best response time, etc). Choose something and make it a focus for the upcoming weeks and months; train to be the best at something. You may find that you’re more of an “impact” player than you thought. You may not always get recognized by your peers, but your team wouldn’t be the same without you.

As always, we appreciate the opportunity to serve the residents and their families!



Juanita Tipton on her way to the Fair Parade.



Hazel Laurie has a surprise visit from her sister.



Zelda Stanley, Helen Sumpter, Lori Johns, Frances Long, Norma Derringer and Lois Carlisle display their personalized bags they designed and entered into the fair.



Geneva Myer showing her Reserve Grand Champion Dream Catcher.



Susan Moore and Dean Powers headed to the Fair Parade.



Windsor Place Community Members enjoy a game of Bingo.

First Day Back to School in the Age-to-Age Kindergarten



Lily Mutzert, Jajor Lee Simmons, Cohen Campbell and Isabella Wilson waiting to go into their new classroom.



Benson Harp is all smiles.



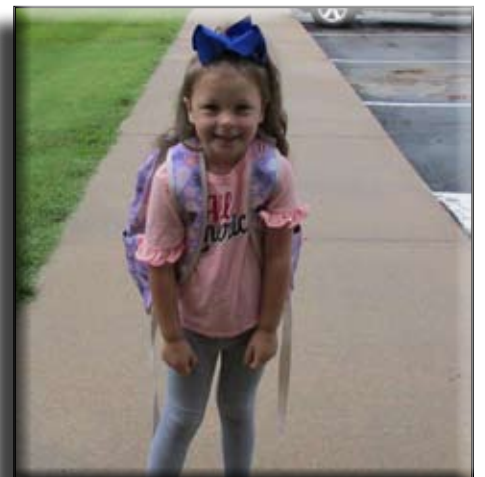
A'myah Cullins ready for her first day of school.



Isabella Wilson and Sevan Grant are happy to interact with new friends.



New Age-to-Age students meet with a group of residents who have volunteered to mentor them throughout the school year.



Myla Wright ready for her first day of school!

FEATURED RESIDENT**HAROLD "LOUIE" O'CONNOR**

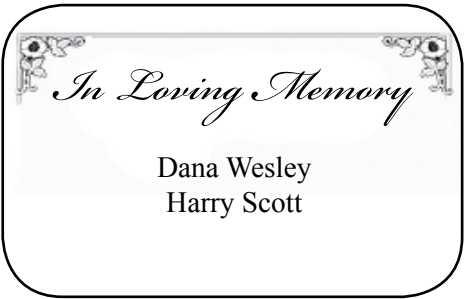
By: Cheryl Brown, Oxford Activity Director

The Featured Resident for September 2019, is Harold "Louie" O'Connor.

Louie was born in Parsons, Kansas on October 1, 1935, to Tom and Elizabeth O'Connor. Louie has one brother named Tom. Louie graduated from Pittsburg State University with a degree in Chemistry.

Louie married his wife Peggy on November 11, 1956, in Parsons, Kansas. They were blessed with five children: David, Deron, Doug, D.J., and Debbie. Louie is a member of Holy Name Catholic Church in Coffeyville, Kansas. He retired from Farmland Industries in Coffeyville, Kansas. One of Louie's favorite hobbies was the Rattlesnake Roundup in Okeene, Oklahoma in which he attended for three years. He loves spending time with his family and playing golf.

Congratulations, Louie, for being chosen Feature Resident, for September 2019!



**COMMUNITY MEMBERS
CELEBRATING BIRTHDAYS THIS
MONTH**

Frances Long	09/02
Florence Chance	09/11
Eva Traxson	09/11
Betty Vanwey	09/11
Dorothy Jensen	09/14
Lorriane Lutz	09/15
Inez Lewis	09/16
Wilma Mayfield	09/16
Bertha Grover	09/17
Martha Oneslager	09/21
Mary Friesberg	09/22

MOVED OUT OF THE COMMUNITY

Janice Fulcher-Kennard
Glenna Muller
James Morre
Nelda Harris
Nyla Smith
Jean Troutman
Freda Webb
Connie Mendoza
Zelda Powell
Sammie Lilburn

**NEW RESIDENTS TO
THE COMMUNITY**

Sammie Lilburn
Bertha Grover
James Stallings
Martha Oneslager
Terry Hollyfield
Gene Nunnaly
Rita Rinkenbaugh
Nelda Harris
Junior Butler
Shirley Marion
Connie Smart

STAFF MEMBERS CELEBRATING BIRTHDAYS THIS MONTH

Kaylan Eytcheson	09/01
Veronica Brinker	09/03
Sheri Buie	09/05
Phyllis Harmon	09/06
Carol Hagebusch	09/11
Ron Smith Honesty	09/11
Trussell	09/11
Ben Curran	09/13
Alexis Hayes	09/13
Judy Schumacher	09/17
Judy Wilmoth	09/17
Greta Allison	09/18
Jeffrey Allen	09/21
Kelsie Allen	09/23
Charles Sterk	09/26
Becky Horton	09/26
Lesley Lopez	09/29
Danielle Morgan	09/30

EMPLOYEES CELEBRATING ANNIVERSARIES THIS MONTH

(# of years employed)		(# of years employed)	
Kaitlyn Foster	1	Sheena Alvarado	6
Torae Holbert	1	Mel Carrell	6
Afton Lee	1	Christy Eads	6
Shanae Shobe	1	EEdward Roig	11
Allie Summers	1	Dianne Williams	11
Kenna Tucker	1	Judy Morrill	12
Crystal Marion	2	Flo Hancock	14
Elaine Lain	3	Nyla Smith	15
Ceres Johnston	4	Ron Smith	15
Robert McDaniel	4	Sue Senecal	21
Alexis Hayes	5	Donna Handshumaker	25



London/Cambridge Community Members enjoy funnel cakes while making necklaces.



Juanita Tipton, Maxine Bishop and Marlene Thompson exercising with the parachute on the Chelsea Community.



Delores Johnson enjoying the Rodeo.

We Are Family!

Over the next several Town Criers we will be asking our staff what they like most about working with the Residents at Windsor Place. Here's what several of the staff had to say:

I enjoy how the residents greet me with smiles, hugs, or a genuine pat on the back when I arrive for my shift. Seeing the twinkle in the resident's eyes, watching them smile, and hearing their laughter is one of the things I look forward to when caring for them. I also enjoy watching the residents' sing and dance during group activities. Most importantly, I enjoy the feeling of family I get with the residents, families, and staff I work with.

Cami Hills, RN, Chelsea Unit

I enjoy watching and assisting the residents with the many activities we offer to them. My joy comes when I see them participating in kickball, dancing, singing, exercising, and just being goofy. The overflowing of smiles and laughter that I see from the residents really makes my day.

Susan Chrismon, CNA, Chelsea Unit

I enjoy working with residents in the restorative care program as it brings me great satisfaction in helping them retain the skills they worked on in therapy. When I first started working with the residents many of them were only able to walk 30 feet or so. With the ongoing care provided by both therapy and restorative, these residents are now able to walk more than 200 feet. The restorative program allows me to work closely with the residents (and their loved ones) to help meet their goals.

Diana Demott, Restorative Care

I really got lucky when I was hired as a housekeeper because now I get to spend a lot more time with the residents and learning likes and dislikes about their room. During my visits to the residents' rooms, we would strike up a conversation about our favorite hobbies, our children, and places we would like to visit someday. While cleaning the resident's rooms they always offer to help me, remind me how they used to keep their homes clean. I like listening to their life stories, especially stories about their children. Helping the residents in any way I can is what keeps me excited about coming to work every day.

Sherri Bromley, Housekeeper, and Nutrition Assistant

What I enjoy most about working with the residents is serving them with a warm smile and their favorite breakfast right off the grill and their favorite cup of coffee or beverage drink. Taking a resident his or her breakfast is a great conversation starter. And I have to tell you, I hear some really great stories residents about careers and family life. I enjoy the time I get to spend with the residents and taking care of all of their meal needs.

. Jimmy Roig, Dietary

I have been working as a CNA for 34 years now, and the part of my job I love the most is getting to know the beautiful people I get to help care for with love, dignity & compassion, and as most of you know always a splash of humor too!!! Seeing eyes light up when I say good morning and they tell me they are glad I'm working today, that is what is so exciting about my job. We have a really great team and everyone works great together to give each person the best care they need. I started my journey here at Windsor Place September 1, 2005 and learning to care the Windsor Way was an experience that I am grateful for today, Windsor Place helped me take my nurse aide skills to a whole other level. I have learned so much in the years I've worked here and I've had the privilege of caring for the most awesome people over the last (almost) 14 years!! Thank you!!!

Flo Hancock, CNA, Home N Sight

News from Assisted Living

By Cathey Heady, Assisted Living Activity Director

When you live in Montgomery County, you know what the month of August will bring- The Fair and Rodeo! Our residents were excited to get involved this year. We had several people enter craft projects into the exhibits, and lots of ribbons were awarded. The talent show was so entertaining, and congratulations are due to Nadine Carr and Connie Smart for placing at the show. We braved the heat to watch the Rodeo Parade, it was fun to watch, although we wished there would have been more entries to see. We ended the week with a country-style family breakfast.

There is a common trend when people move into an assisted living, they seem to gain needed weight. Many times when older people live alone their eating habits diminish and they begin to lose weight. When entering a community with other seniors they are more likely to develop healthier eating habits. Here is a list of good dietary habits for seniors found at eatright.com.

1. Eat plenty of fruits and vegetables. They can be fresh, frozen, or canned. Eat more dark green vegetables such as leafy greens or broccoli, orange vegetables such as carrots and sweet potatoes.
2. Eat a variety of protein but choose more fish, beans, and peas.
3. Eat at least 3 ounces of whole-grain cereals, breads, crackers, rice or pasta every day.
4. Have 3 servings of low-fat or fat-free dairy like cheese, milk, or yogurt for healthy bones
5. Make sure the fats you eat are healthy ones, such as using olive oil for cooking

Our dietary manager works hard to make sure we serve a variety of options for the health and well being of our residents. We are proud to say we serve fresh produce everyday, and we have variety of healthy proteins options as well. Our residents help develop our menus with input given during resident's council, food committee and coffee clubs. As our resident population changes, so do their likes and dislikes, so it is important to adapt menu changes to those requests. The food is the heart of the home and we love our food!

We invite you to come have a meal with your loved one or we will look forward to serving you at one of monthly family parties.



Connie Smart and Nadine Carr pose with the other Fair and Rodeo Senior Talent Show Winners.



Joyce Pridgeon playing a game of ring toss during carnival games.



Sandy Wilkinson was honored with a reserve champion ribbon for her artwork.



Georgia Broadwell enjoys breakfast with her family.



Marvin Long and Ed Hulsey enjoying family breakfast.



Girls vs Guys volleyball game.



Don Gaston and Jerry Glasgow enjoying the Rodeo Parade.



Betty McCart was awarded grand champion of the fair for her beaded art.

Resident Quotes

“DO YOU REMEMBER YOUR FIRST DAY OF SCHOOL? IF SO, TELL US ABOUT IT.”

Collected By: Cheryl Brown, Karen Wilson and Amanda Landsaw

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|-----------------------|---|-----------------------|--|
| Beverly Tunstall..... | I was a nervous wreck meeting my teacher for the first time. | Marilyn Dick..... | I was so scared my mother had to carry me in. |
| Dennis Bellamy..... | I was a little scared, but I liked playing outside with the other kids. | Sharon Russell..... | My teacher name was Mrs. Shore and I enjoyed play time the most. |
| Lois Carlisle..... | I remember laying on a pad to rest after lunch, coloring and drawing pictures with crayons. | Beverly Morrison..... | I enjoyed reading the funny books. |
| Francis Long..... | Walking to school, saying my ABC and singing songs. | Kathleen Matlock..... | I enjoyed science in school. |
| Norma Derringer..... | I had to get out of bed, eat breakfast, get dressed and walk six blocks to school. | John Hale..... | I remember my first grade year of school. They didn't have Kindergarten back then. I walked to and from school over a mile. |
| Florence Chance..... | I went to a one room school house, with kids of all ages. | Linda Beever..... | I remember being very excited to go to school. |
| Helen Sumpter..... | Me and my brother and sister walked to school. I had never really been away from home so I was scared. I will always remember I wet my pants the first day. | Tammy James..... | I remember going to school with my friends. We loved school. |
| Shirley Rollins..... | I was shy and didn't talk much at first. | Delores Johnson..... | I remember taking a quarter to school for lunch so I could get a drink and a sandwich. |
| Lori Johns..... | My teacher's name was Miss Swann. She was nice and pretty. I enjoyed learning new kids' names, making new friends and I loved to color. | Marcia Abell..... | I remember my Dad dropped me off at school and I hid behind the bush not wanting to go in. He saw me and made me go inside the school. |



Harper Willis searching for a bag while her brother, Isaiah (a former Age-to-Age student), looks on.



Marilyn Dick excited to find jewels at the treasure hunt.



London/Cambridge Ladies enjoy one another's company at an ice cream and cookie social.



John Hale mines for jewels at Dave Parshley's treasure hunt.

Home N Sight

Short-term Recovery by Windsor Place

When Rick Means began having heart problems and suffered several debilitating strokes, there was no question where he would go for rehabilitation. **Home N Sight** was the best choice – the only choice – for Rick. You see, he worked in the maintenance department at Windsor Place for more than 17 years. Day in and day out, he witnessed firsthand the quality care residents received. His decision was reinforced when his doctor also recommended **Home N Sight**.

Rick has come to **Home N Sight** on several different occasions. Each time, our staff has been dedicated to helping him get better so he could return home. This stay is no different. He is getting stronger and more independent every day. While Rick faces the reality that he may continue to have chronic illness, he is relieved to know that **Home N Sight** is ready and willing to help whenever he can't care for himself at home.

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**Names
and
Numbers**



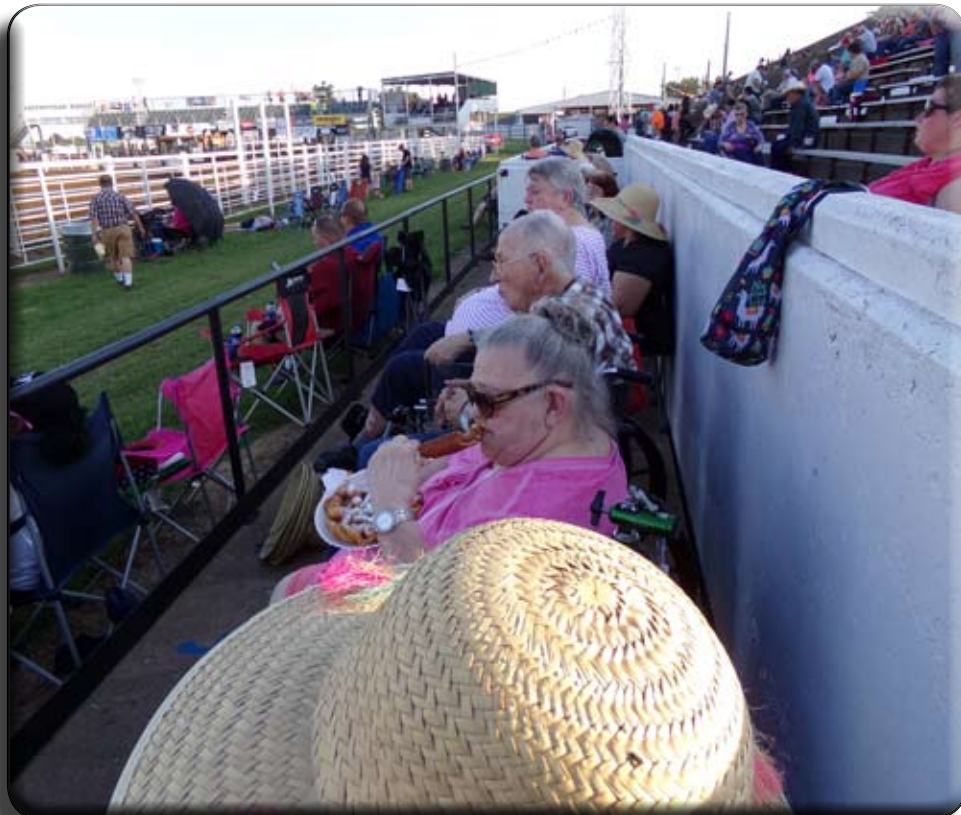
"**Home N Sight** is wonderful. The staff helps in every way they can. They are really good people. I've got a long way to go, but I've seen significant improvement since I arrived. With everything I've been through, I couldn't have survived without **Home N Sight**. My care at the hospitals was good, but **Home N Sight** is above and beyond all the others. I would recommend **Home N Sight** every time. No other place compares. **Home N Sight** has become like home to me. That's why I keep asking to come back."

– Rick Means, Home N Sight Patient

Windsor Place
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Return Service Requested

“Recognizing that all life is precious, we will diligently serve the needs of each who enter here in a dignified manner.”

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Windsor Place Community Members enjoy their first row seats at the Rodeo.

Mailing List

The *Town Crier* is mailed free of charge to the volunteers, families and friends of Windsor Place. If you know of someone who is interested in receiving our newsletter by mail or e-mail, please feel free to offer this mailing list form to them.

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