



The Windsor Place Town Crier

Volume XXIV, No. 8

2921 West First - (620) 251-5190 - Coffeyville, Kansas 67337

August 2019

Social Time at Windsor Place

By: Karen Wilson, London/Cambridge Activity Director

We held our 27th annual 4th of July Celebration on the evening of Monday, July 1st. There were bubbles for the kids, hot dogs, watermelon and lemonade provided by the dietary department for everyone to enjoy. Musical entertainment was provided by Lynn Oliphant, playing a variety of music throughout the evening. We also had a raffle with numerous items given away with the proceeds going to Eden Alternative. When the night began to darken, family, friends and neighbors gathered around for the finale as they enjoyed watching the sky light up with the firework show. As each one of the fireworks dispersed in the air, Mr. Oliphant played patriotic music; and one was able to hear a lot of “oohs and ahhs” throughout the crowd. What a wonderful evening enjoyed by everyone! To continue with celebrating America’s birthday, the residents enjoyed riding the shuttle bus around town as they proudly wore their red white and blue colors to salute America and show off their patriotism. At the end of the bus ride, residents enjoyed a great cookout at the local park. They were able to relax and visit with one another as they enjoyed eating, laughing and having a great time. Special thanks to Lisa and the Transportation Department for making this possible.

Trivia and the reading of the history of Independence Day, we learned that Calvin Coolidge was the only US President born on the 4th of July. Also there were three Presidents that died on the 4th of July: John Adams, Thomas Jefferson, and James Monroe. “Thomas Jefferson still survives,” were the famous last words of America’s second president of the United States, John Adams. He died on July 4, 1826, at the age of 92, on the same day as President Thomas Jefferson at age 83. Little did he realize that he actually outlived his former rival by just a few hours. Trivia is one of the most enjoyable activities the residents like to participate in with their friends and neighbors.



London/Cambridge Ladies take a ride to the park for a cookout on the 4th of July.



Harold “Louie” O’Conner and his wife attend the 4th of July picnic.

Living in a Nursing Home, Staff Can Become a Key Part of Your World

By: Michael Mayberry, Administrator

At Windsor Place, we believe that emotional and social health is just as important as physical health, which is why we depend so much on our activities directors to add some excitement to the nursing home setting. Engaging residents in activities beyond the normal, day-to-day health care is an important indicator of the quality of life for the Oxford, Chelsea, London, Cambridge, and the Home N Sight residents who reside in these communities. This is why the department spends so much time facilitating activities that mean something to the residents. In fact, we depend heavily on our three activities directors—Karen Wilson, Cheryl Brown, and Amanda Landsaw—to think creatively when it comes to deciding what activities they will provide to the residents. During the months of April, May, and June, these three ladies (along with many of our employees) have engaged residents in a number of indoor and outdoor activities, including relationship-building events, which encourages the residents to visit, play games, listen to music, and learn more about neighbors from other communities. Well-planned, stimulating and engaging recreational and social activities can provide a sense of purpose when residents produce something, use skills from former work, or make a contribution. Below are just a few events that took place during our second quarter of activities:

- National Nursing Home Week
- Relay for Life
- Fireworks display
- Restaurant Dining to KFC
- Fair & Rodeo
- Musicals
- Mother's & Father's Day Socials
- Walk Around the Block
- Family Bingo
- Outdoor barbeque to LaClere Park
- Ice Cream Socials
- Outdoor Sitting

We Are Family!

Over the next several Town Criers we will be asking our staff what they like most about working with the residents at Windsor Place. Here's what several of the staff had to say:

"I always enjoy my time with the residents and getting to know them better. I like learning about their personal and professional experiences, about their families, about the places they have traveled to, and about the schools they have attended. Learning about how the residents' handled and overcame challenges is very humbling and inspirational to me. It is an honor and privilege to serve the residents."

Angie Johnson, Oxford Community

"I enjoy spending breakfast time with the residents, taking their meal orders, and making them laugh. I always look forward to this time because it's not only the first meal of the day it's also an opportunity for me to help the residents start their day in a positive way. One of the things I take pride in is getting the residents' meal orders right and knowing their likes and dislikes when it comes to their food and beverages. No one does this better than me."

Jeff Soles, Dietary

"I love taking care of the residents. When I am asked by a team member to take a resident to the doctor, the answer is yes; when a resident personally request that I give them a shower, the answer is yes; when a family member approaches me to help with funeral arrangements, the answer is yes and; when I am asked to organize activities, lead the Meals on Wheels program, or take a resident to Church, the answer is a resounding yes. The residents are like family to me."

Fern McDaniel, London/Cambridge Community

"There are so many reasons why I enjoy working with the residents, but my favorite reason is getting to drive the residents to and from their doctor's appointment, which gives me a chance to talk with the residents and get to know them better. I like reassuring them that they are going to be okay. It feels good to care for the residents and be a part of their lives."

Joseph Barron, Transportation

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"I enjoy the early morning time when I'm working with the residents. Whenever I am massaging a resident's legs or applying lotion to their arms, they always tell me how good it feels—and the smiles that I receive in return are priceless! The one-on-one connection I have with the residents is awesome."

Debby Thaxton, Chelsea Community

"I enjoy spending time with the residents and getting to know their likes and dislikes, their care needs, their personal and professional experiences, and their successes and challenges. The residents are like family to me, and I enjoy being there for them and listening to their stories about growing up and the life they lived. The one thing I like most about the residents is their vibrant spirit and their willingness to participate in various activities."

Lydia Shobe, Oxford Community

"I enjoy coming to work and seeing Dorothy Jensen. She always greets me with a big smile and says good morning followed by, "I love you." It is residents like Dorothy that keeps me motivated and working on the Chelsea Community now for 11 years. Building relationships with the residents' (and their families) is what I love most about my job."

Amanda Landsaw, Chelsea Community



Shirley Rollins surrounded by family on her birthday.



Kathleen Matlock finished her suncatcher during craft time.



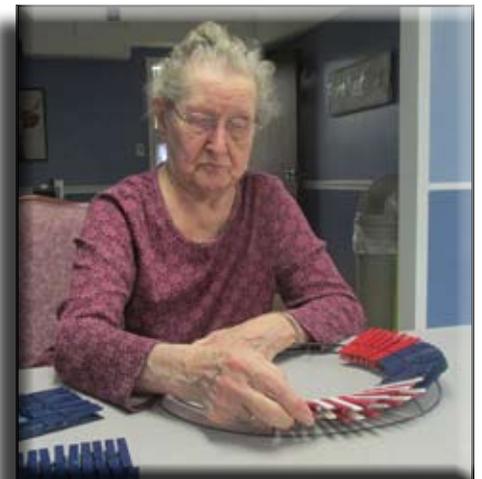
Norma Derringer observes Emmett Judd as he decorates his bag at Question and Answer Night.



London/Cambridge Community Members enjoy a summer Humanities program.



Beverly Tunstall, Terry Coltharp and Helen Sumpter stuffing pillows for the fair.



Frances Long working on a clothes pin wreath to be entered into the fair.



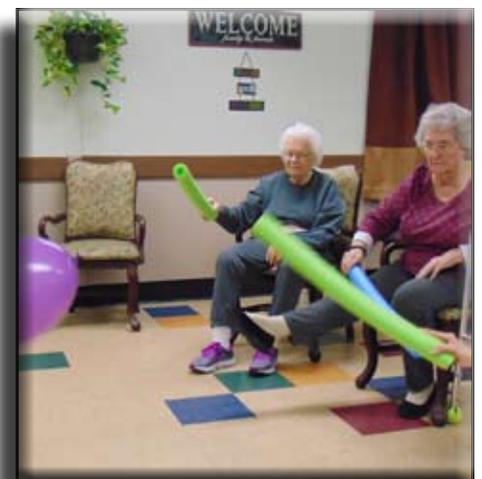
Geneva Myer helps a new student decorate her bag during Question and Answer Night.



Chelsea Community Members enjoy a summer Humanities Program.



Kathleen Matlock, Mae Nolte and LaDonna Melton checking the flower garden on Chelsea.



Chelsea Community Members participating in a game of noodle ball.

FEATURED RESIDENT



SKIPPER O'CONNOR

By: Karen Wilson, London/Cambridge Activity Director

The Featured Resident for August 2019, is Skipper O'Connor.

Skipper was born in Nowata, Oklahoma on February 1, 1919 to Fred and Claudia Spray. She had eight siblings. She attended school in Nowata, Oklahoma.

On January 5, 1939, Skipper married Bill O'Connor and together they had two children; Dan and Bill. She has three grandchildren and 6 great-grandchildren.

Skipper retired from the Independence Ammunition Plant.

Some of her favorite things include rodeos, horse racing with her husband, traveling, and singing church and country music. Here at Windsor Place, Skipper is actively involved in daily activities. She is also known for her pleasant smile.

Congratulations, Skipper, for being chosen Feature Resident, for August 2019!

In Loving Memory

Dorotha Welch
Lonnie Feeler
Maxine Duncan

**COMMUNITY MEMBERS
CELEBRATING BIRTHDAYS THIS
MONTH**

Woodrow DePontier	08/02
Beverly Morrison	08/14
Cheryl Penrod	08/16
Geneva Myer	08/17
Lori Jay	08/25
John Richey	08/25

MOVED OUT OF THE COMMUNITY

Diana Twitchell
Gary McManus
Lisa Sisco
William Boehme
Patricia Sears
Patricia Bierbrodt
Edwin Hulsey
Nyla Smith

**NEW RESIDENTS TO
THE COMMUNITY**

Patricia Bierbrodt
Janice Fulcher-Kennard
Lisa Sisco
Terry Coltharp
Emma Laforte
Nyla Smith
James Moore
Freda Webb
Joyce Schmidt

STAFF MEMBERS CELEBRATING BIRTHDAYS THIS MONTH

Kaitlyn Foster	08/04
Ruby Colbert	08/07
Katrina Allen	08/10
Sophia Turner	08/10
Sarah Reichert	08/13
Alice Hite	08/13
Crystal Graham	08/14
Rex Frost	08/16
Rachel Duncan	08/17
Raquel Joyce	08/23
Laurie Hanigan-Songer	08/26
Stephen Jurasin	08/27
Stephanie Starr	08/29
Crystal Vernon	08/29
Hope Ramsey	08/31

EMPLOYEES CELEBRATING ANNIVERSARIES THIS MONTH

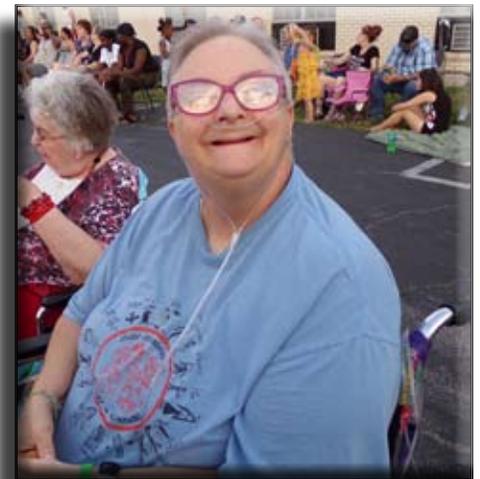
	(# of years employed)		(# of years employed)
Gayle Barnes	1	Terri Kuehn	11
Janice Johnson	1	Amanda Landsaw	11
Tereasa Laymon	1	Ruth Spirgen	15
Sherri Row	1	Sue Morgan	16
Tanya Covington	2	Shelly Jones	18
Stephen Jurasin	9	Jacque Rooks	19
Jessica Morris	10		



Windsor Place Community Members enjoy a 4th of July picnic at Big Hill.



London/Cambridge Community Members enjoying root beer floats.



Marcia Abell waiting for the fireworks during Windsor Place's 4th of July celebration.

Keeping Our #1 Asset Sharp

By Dave Parshley, Human Resources

Keeping our employee skills current is one of the most important ways we can do our job well and stay on top of changing demands of the workplace.

On July 12th, 108 employees attended a facility-wide training on emergency preparedness. Training such as this prepares us in case the unimaginable happens so we can respond quickly to save lives. The topics covered were: tornado watches and warnings – identifying what to do when each of these occur within the facility to keep residents safe, calm and comfortable; emergency delegation of authority – knowing who is in charge during a crisis; evacuation cards – how to keep track of those affected by an evacuation and active shooter response – how to respond to a threat should it occur.

Managers attempt to use a variety of methods to keep training interactive and effective. Training has a shelf life, so we repeat training to reinforce and broaden employee's knowledge and preparedness for any contingency.



Geneva Myer ready for a shuttle bus ride.



Marlene Thompson and Bobby Kyle enjoying ice cream bars on the Chelsea patio.



London/Cambridge Community Members enjoying some summer sun.



JoAnn Corser making her sun catcher during craft time.

News from Assisted Living

By Cathey Heady, Assisted Living Activity Director

The month of July was one filled with excitement and fun. The Coffeyville firefighters helping residents ride the duck while sliding on our very own water slide and being chased by adventurous people with super soakers made our July Celebration a wonderful success. We were very impressed with the fireworks that were put on at the Coffeyville Summer Celebration. The night was topped off with a shake from Sonic! We had fun celebrating Stick Your Tongue Out Day and Gorgeous Grandma Day. We enjoyed our regular monthly activities and outings, and we are getting ready for the fair by creating extra fun crafts. All of our activities are designed to meet resident quality of life. The following article from “Daily Caregiver Website” identifies ways to improve quality of life.

Quality of life is important for health and well-being.

It’s not enough to just be alive. Good quality of life is especially important for older adults who are dealing with chronic health conditions and major life changes.

Feeling satisfied and fulfilled is just as important for overall well-being as getting regular check-ups from the doctor.

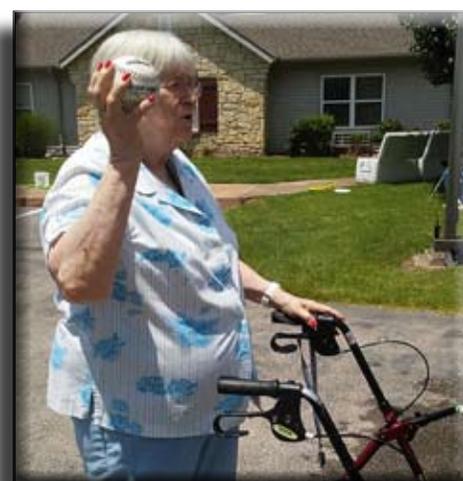
In fact, having a positive view of life can help seniors have more energy, less stress, better appetite, and prevent cognitive decline.

Below are 5 ways to help older adults improve their quality of life.

- 1. Treat depression** - Depression late in life affects more than 6.5 million people age 65+. Depressed people have a 50% higher fall rate. To improve quality of life, it’s important to recognize the signs of depression and get help from a doctor, psychologist, therapist, or counselor.
- 2. Help them feel useful and needed** - From the very young to the very old, everyone wants to be useful.
- 3. Encourage regular physical activity** - Regular physical activity, no matter how gentle, helps keeps both body and mind feeling balanced and positive.
- 4. Keep them mentally active** - Having a sharp and active mind improves overall well-being.



Our exercise class keeps us active and healthy.



Joan Thomas taking aim to dunk a fireman.



Assisted Living Community Members enjoying 4th of July cookout.

Nadine Carr, Sandy Wilkinson and Pat Shira know how to celebrate Stick Out Your Tongue Day!



Pat Shira and Nadine Carr create luminaries during craft time.

Dixie Cummings and Kammie, from Hometown Health, make a bracelet.



Assisted Living Community Members and family members joined in the slip-n-slide fun!

Gorgeous Grandma Day was celebrated with a Mary Kay make over courtesy of Kisha Johnson, Debra Kennard, and Sharon Tunstall.

Resident Quotes

“WHAT DO YOU ENJOY ABOUT WINDSOR PLACE?”

Collected By: Cheryl Brown, Karen Wilson and Amanda Landsaw

- Norma Derringer.....Everyone is good to me. I worked here in the Laundry Department twelve years ago. I like to stay busy and help others. I also like how they take us out to community events.
- Lois Carlisle.....Being close to my kids, Champ and KaLynn. They work here so I'm able to see them daily. I also love the food, activities and staff. There is not one person that I don't love!
- Helen Sumpter.....This is my home and they take care of me.
- Shirley Rollins.....Everyone is nice, they listen to me and explain things to me.
- Dennis Bellamy.....Everything.
- Florence Chance.....Being able to go outside and sit in the sun and work in the garden. Every year I plant my own pepper and tomato plants in a barrel in the court yard. That is what I did at home.
- Beverly Tunstall.....It is a nice clean place. Good food, friendly staff and being around my friends during meals and activities. You always have something to do if you choose to do it.
- Betty Vanwey.....Being in a safe place.
- Teresa "Teri" Angell.....I love the friendship I have with the other residents and employees.
- Frances Long.....I like the music programs and working with the kids. They call me Grandma Frances. I enjoy reading and working with them. I get plenty to eat here.
- Lori Johns.....They take good care of you and treat you with respect. We have a lot of fun with activities.
- Maxine Butler.....Kindness and consideration from the people that work here.
- Zelda Stanley.....The food, staff and activities.
- Geneva Myer.....I love being able to get out on van and trailer rides and that I can still have fun with my friends at Windsor Place.
- Marcia Abell.....I love the kindness of the staff here and the care that they provide.
- Linda Beever.....I love the care that I get here at Windsor.
- Geraldine Howard.....I love the fact that I am around people everyday and making new friends. After living alone for a few years that makes a big difference.
- Delores Johnson.....I love that I can get help when I need it and the food here is great. You can get just about anything that you ask for. I like that we have activities to keep you busy and we have a choice to take part in them or sit in your chair and relax.



London/ Cambridge Ladies spend the afternoon outside playing cards.



Frances Long, happy to be taking a shuttle bus ride.

LETTERS TO WINDSOR PLACE AT ASSISTED LIVING

Dear Assisted Living,

Pearl Patton entered your facility just recently. After several health issues confined her to a hospital, independent living was no longer an option. She resided at Oswego Home Place for nearly 3 years. When we were notified of their closing, a hurried search for a place near home was started. The availability of a room for Pearl at Windsor Place was, to say the least, a Godsend. The transition was amazingly smooth. The staff at Windsor Place welcomed her and made her feel at home. Change is difficult at any age, and for the elderly it is more so.

The staff recognizes each clients individuality and supports them with kindness and dedication concerning their well being. In turn, as a family member, I always feel welcome to visit and voice any concerns I might have with staff members.

The professional attitude displayed, and the personal care provided cannot be matched in any other facility I have visited.

I rest assured each day that Pearl is being cared for with love, commitment and compassion.

Linda McFerron

Home N Sight

Short-term Recovery by Windsor Place

This spring has been a real challenge for Jennifer Ray. She first came to **Home N Sight** on February 15 after being hospitalized for food poisoning. Since then, she has also battled the flu, bronchitis and a broken ankle.

Despite repeated setbacks and hospital stays, the **Home N Sight** staff has been successful in helping Jennifer recover. Each time she would get weak, our team of therapists would work with her to regain strength and mobility.

Home N Sight is a valuable resource to Jennifer and her husband, Ron. You see, Jennifer also suffers multiple sclerosis. On a daily basis, Ron can help Jennifer with all her daily activities, but when illness occurs or the M.S. symptoms become exalated, they know they can turn to **Home N Sight** for the extra help they are needing.

If you or a loved-one could benefit from a short-term stay at **Home N Sight**, call (620) 252-4929 today.

105 Catalpa Street • Coffeyville, KS

(620) 251-5190 • www.windsorplace.net

Find Us FAST in
NameS
NumberS.



"We have lots of medical equipment, but I was so sick, there was no way my husband, Ron, could continue to care for me at home. The staff at **Home N Sight** is great. If I need any assistance, there's someone right there to help. The food is great. There's a menu and you can order your meal just like a restaurant. Since I've been here, I've had lots of therapy and it's been very helpful. With all the therapy I've received, my health and mobility are even better than before I got sick. I hope to continue to come back to **Home N Sight** for out-patient therapy after I go home."

Jennifer Ray – Patient at Windsor Place Home N Sight

Windsor Place
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Return Service Requested

“Recognizing that all life is precious, we will diligently serve the needs of each who enter here in a dignified manner.”

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Mailing List

The *Town Crier* is mailed free of charge to the volunteers, families and friends of Windsor Place. If you know of someone who is interested in receiving our newsletter by mail or e-mail, please feel free to offer this mailing list form to them.



Windsor Place hosts their Annual 4th of July celebration.

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