



The Windsor Place Town Crier

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March 2020

Celebrating Life

By: Cheryl Brown, Oxford Activity Director

On Valentines Day, the residents had the honor of having the Coffeyville Community College Choir come visit Windsor Place to sing to more than 40 residents and family members.

The Age to Age kids showed off their dance moves on Elegant Day. It was really cute seeing the residents and the Age to Age children dance together. This was followed by the residents Valentines Day social, which they enjoyed music entertainment provided by Roger Banning. The residents cheerfully joined in on the songs they requested.

The Humanities program at Windsor Place is a big hit. I am a firm believer that music is good for the soul. There aren't very many people who can refrain from at least tapping their feet at the sound of a guitar or banjo.

We celebrated the Dietary Department for their annual Dietary Appreciation. The residents let the crew know how much they appreciate them. Throughout the building you hear talk about how good the food is at Windsor Place -- that's because it is good. The Dietary Department takes pride in the food and service they provide to the residents.

The residents are looking forward to spring time, so they can spend more days outdoors. If you are in the neighborhood, feel free to stop in and share a smile and conversation.



Bert Grover and Lily Muntzert share a dance on Elegant Day.



Kimberly Palmer conducting the newly founded book club on Oxford.



Skipper O'Conner celebrating the 100th day of school with Age-to-Age student, Tyner Bagwell.

The Core Values We Live By

By: Michael Mayberry, Administrator

Whether you lead your company, lead a department, or lead a community, it's important that everyone in the organization work towards a common purpose - Our 10 Core Values

For the next few minutes, I would like to talk about our values and why they are more than just writing on the wall or a list of statements tucked away in a binder somewhere. When you walk into Windsor Place you won't hear our employees talk about our company values, nor will you see our values posted on the walls throughout the facility. What you will see, however, is a group of employees who are firmly fixed on making each core value the centerpiece of their workday.

- Compassion
- Civility
- Diligence
- Dignity
- Honesty
- Humor
- Innovation
- Integrity
- Loyalty
- Responsiveness

We believe our values are the pillars of our company and the foundation upon which our strategy, goals, and direction are built on. We believe that our values are the driving force behind every decision we make. Equally important, we believe that our ultimate reason for leaving our own homes to enter the home of more than 120 residents is because of our sense of extended families and the closeness we have with the residents on each community and because we think deeply about the relationships we have (or once had) with our own grandparents.

We call each resident by their name because it's personable and because, to that person, it is the most beautiful sound in the world. We hug our residents because somehow it reminds us of the times we hugged our own grandparents. We believe that a hug (or many hugs per day) has the power to heal and the power to prolong life.

When we think about our 10 values we can't help but think about the best way to care for Lorraine when she falls asleep while sitting in her parked wheelchair outside the beauty shop, nor can help but think about how we want to care for Larry when he's in the dining room waiting patiently for his final meal before retiring to bed. Similarly, we can't help but think about how we want to give special attention to Bert when she walks to and from the Age to Age classroom -- from Chelsea to Oxford. The staff already knows how exhausting Bert will be once she returns to her community, so they make her room as comfortable as possible, offer her a beverage, hand her the TV remote, and then get out of her way so she can relax and watch her favorite programs.

We try our best to make our values mean something—we know they sound awesome when we teach them to our new employees and we know they would look awesome if we framed and posted them throughout the facility. But sounding awesome and looking awesome is not enough. We want to make our core values a habit, a belief, and an attitude.

Gandhi quoted: "Keep your thoughts positive because your thoughts become YOUR WORDS. Keep your words positive because your words become YOUR BEHAVIOR. Keep your behavior positive because your behavior becomes YOUR HABITS. Keep your habits positive because your habits become YOUR VALUES. Keep your values positive because your values become YOUR DESTINY"

As always we appreciate the opportunity we have been given to work with the residents and families of Windsor Place.



Deran Demott and Sevan Grant exercising during Intergenerational exercises.



Lily Muntzert and Sevan Grant showing off their ballroom dancing talents.



Oxford Community Members attend Dietary Appreciation.



Tammy James and Adeline Smith share a dance on Elegant Day.



Connie Smart enjoys making Valentine crafts.



Harper Willis and Braelynn Adams on Elegant Day.

Age-to-Age News

By Jacque Rooks, Age-to-Age Liason

February has always been associated with love and I must say LOVE was in abundance during the month.

Mothers and staff kicked off the month by lovingly making baked goods to help the students earn money for their class T-shirts. Students in turn helped sell the goods at the bake sale. It was a productive day as we sold the baked items and learned about counting back change. We would like to thank everyone who baked goods, bought items or volunteered to help at the sale. We couldn't have done it without you!

Valentines Day was a wonderful day for all! After the students learned to ballroom dance we ventured out into the halls and lobbies to share our talents with the Elders and staff. Many of the Windsor Residents had the privilege of dancing with the students. The Residents were as impressed with the elegant attire worn by the students as they were their fancy dances, curtsies and bows. Smiles and love filtered throughout the building. Following our dancing experiences, the students participated in a little "elegant reading" with residents. Again, the residents were impressed with how well the students were reading. Next on the schedule was an elegant lunch in the classroom. Tables with fancy linens and food served in bowls helped us learn how to use elegant manners. The students were pros by the end of lunch! I would take any of them to a fancy restaurant at this point and time. At the close of the day, parents arrived for a Valentine's Party and it concluded with more dancing in the Oxford lobby! Students were able to dance with more residents and staff as well as their parents. FUN! FUN! FUN!

President's Day is always one of the students' favorite days. They like making their George Washington hats with curls and all. It is even more fun to visit with residents and sing patriotic songs. The children are always amazed when they realize the residents know all of the songs they have learned. It certainly makes for a wonderful intergenerational experience. The Grandma readers came into the classroom to help with President's Day stations. We made American flags, put together American puzzles, worked on American word puzzles and made dipped pretzels with red white and blue sprinkles. It is not a mystery as to why the children enjoy this day!

Although February is a short month, we packed a lot of activities into each day! This type of month makes for many opportunities for intergenerational conversation. These conversations are wonderful and enlightening as well as educational. How blessed we are for this opportunity!

We continue to thank everyone who participates in our Age-to-Age activities. You all enhance our program and for all you do, we are grateful!



Age-to-Age students demonstrate their ballroom dancing for Windsor Place Community Members.



Major Lee Simmons dancing with his Grandma on Elegand Day.

FEATURED RESIDENT



JOANN SPRADLIN

By: Cheryl Brown, Oxford Activity Director

The Featured Resident for March 2020, is JoAnn Spradlin.

JoAnn was born on July 26, 1933 to Jay and Elanor Bentley in Coffeyville, Kansas.

JoAnn married James Spradlin, and they shared over 50 years together. To this union they were blessed with two children; one son, Danny, and one daughter, Donna. She also had six grandsons and many great-grandchildren!

JoAnn enjoys spending time with her family, traveling, movies and reading.

Congratulations, JoAnn, for being chosen Feature Resident, for March 2020!

In Loving Memory

Laura Walker
 Orpha Sutley
 Norma Gentry
 Bill Gentry

**NEW RESIDENTS TO
THE COMMUNITY**

Velta Sitsler
 Caroline Patchett
 Joe Fernandez
 Richard Foster
 William Smith
 Helen Garner
 James Lawson
 Lois Hersey
 Dorothy Hugo
 Robert Richardson
 Kathleen Owen
 Georgia Broadwell
 Helen Dake

MOVED OUT OF THE COMMUNITY

Delores Kyle
 Jennifer Ray
 Flynn Isbell

**COMMUNITY MEMBERS
CELEBRATING BIRTHDAYS
THIS MONTH**

Paul Head	03/03
Lois Carlisle	03/08
Norma Derringer	03/21
Walter Rice	03/22
Ray Lumm	03/26
Anna Fisher	03/28
Dorothy Hugo	03/29
Zelda Stanley	03/31

STAFF MEMBERS CELEBRATING BIRTHDAYS THIS MONTH

Jeanette Coltharp	03/02
Gydel Kendrex	03/03
Michael Mayberry	03/04
Cynthia Shively	03/06
Ruby Hawkins	03/07
Kim Schiebe	03/08
Myrtle Shobe	03/09
Thomas Merritt	03/11
Flo Hancock	03/12
Janice Johnson	03/17
Brenda Carnes	03/19
Sabrina Horner	03/21
Sara Sharpton	03/29

EMPLOYEES CELEBRATING ANNIVERSARIES THIS MONTH

	(# of years employed)		(# of years employed)
Shacoa Barrow-Bey	1	Cheryl Brown	8
Ashley Colbert	1	Nicholas Palone	9
Heidi Johnson	1	Kari Bachman	10
Michael Mayberry	2	Aaron Cardwell	10
Hope Ramsey	3	Katrina Wachs	11
Manissa Mcfarland	5	Cassie Willis	11
Kerri Voelzke	6	Shonterrio Edwards	12
Richard Miller	7	Rex Frost	20
Jeffrey Allen	8	Karen Wilson	29



Chelsea Community Members enjoy a Humanities program.



Isabella Wilson and Tyner Bagwell take a whirl around the dance floor on Elegant Day.



Musical entertainment is always a favorite!



The Coffeyville Community College choir came to Windsor Place on Valentines Day to serenade Community Members.



John Housel breaking the chocolate!

Oxford Community Members enjoy a music program,



Chelsea Ladies enjoying a little Kick ball.

Mary Fricke enjoying some nice weather.



Frances Long helping students during President's Day stations.

Chelsea Community Members having a little parachute fun!

News from Assisted Living

By Cathey Heady, Assisted Living Activity Director

Our mission statement is, “Recognizing all life is precious we will diligently SERVE each who enter her in a dignified manner.”

What does it mean to be of service? By definition service means an act of helpful activity. People define the word service in many different ways. When our residents were asked their definition of service, they listed several service descriptions. Their ideas of service were; service men and women of the armed forces, police and fireman that serve our community, food service workers, vehicle maintenance professionals, pastors and many more. These people are greatly appreciated and we can’t imagine what the world would be like without them. Let’s explore what an average Joe can give when they serve others and recognize some of the groups that have enriched our lives with their time and talents.

The residents love the intergenerational activities that occur at assisted living. Little Blessings Preschool children visit us to sing, do crafts, and show love to everyone. Tyro Christian School has groups of all ages that bless the residents in many ways. We enjoy such things as music, crafts, and especially conversation.

Recently the junior high boys from Tyro School came and did several service projects getting us ready for spring. They cleaned the main outside windows, raked the leaves, picked up trash in the yard, and scrubbed the walls to get them ready to paint. The sixth grade class from Holy Name School visits us monthly and we enjoy a time of fellowship and games. We have students from Oklahoma Union, Coffeyville Community College, and Field Kindley High School that also graciously serve our residents by visiting, sharing a treat, or offering to help in any way they can.

We are also blessed by people that come in and share their talents and abilities with us in the form of music, drama, and dance. Entertainment is fun no matter what your age is, and we love that people are willing to use their talent as a service to others.

One important thing to remember is anyone can be a servant at any time. It may be as simple as holding a door open, helping carry something, fixing a meal, offering a listening ear, cleaning up a yard, or anything else that you may notice needing to be done.

We challenge you find someone that you can be of service to in the coming months of 2020. What a difference could be made if we offered even one person an unexpected moment service and it would make you feel good too.



Sandy Wilkerson, Deloris Kyle, Nadine Carr and family members enjoy a family party.



Joan Thomas sharing her Valentine's words of wisdom.



Bobbie Eubanks and her daughter, Barbara, take a moment to pose for a picture.

Helen Garnet sharing life history with Tyro 7th graders.



Flyswatter Tennis does get a little competitive.

Marvin Long and Coffeyville Community College Coach, Tony Turner, share an encouraging moment.



Jodi Summers showing off the Valentines door hanger she made!

Packaging cookies for our Coffeyville Community College Men's and Women's basketball teams to enjoy on their trip to playoffs.

Resident Quotes

“AT THE END OF THE RAINBOW, WHAT ARE YOU HOPING TO FIND?”

Collected By: Cheryl Brown, Karen Wilson and Amanda Landsaw

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|-----------------------|---|-----------------------|---|
| Linda Beever..... | At the end of the rainbow I’m hoping to find, all of my dreams that I thought about when I was little, and they will come true. | Larry Cottrell..... | A paved road of gold. |
| Barbara Frazier..... | I am hoping to find a pot of gold, at the end of the rainbow. | Lois Carlisle..... | Heaven. |
| Wanda Lindesmith..... | Of course I will find a big pot of gold there. | Helen Sumpter..... | Peace. |
| Geneva Myer..... | Gold is what I hope to find. | Euary Smith..... | To be able to see my wife again in heaven. |
| Marcia Abell..... | I hope to find a lot of gold at the end of the rainbow. | Cheryl Blackburn..... | A good looking guy. |
| Dean DeMott..... | I hope to find a million dollars at the end of the rainbow. | Margaret Hester..... | One Million Dollars. |
| Marlene Thompson..... | My husband. | Beverly Tunstall..... | My family. |
| Norma Derringer..... | Good health. I am going to be 92 next month. | Maxine Butler..... | A world of happiness and to be able to go home again. |
| Mary Donahey..... | My pot of gold. | Jackie Copeland..... | Good health, no pain, and to always be loved. |
| Lori Johns..... | For world to have happiness, love and peace. | Maxine Dale..... | Happiness. |
| Sharon Russell..... | My Family. | Mary Carter..... | A world full of peace. |
| Ladonna Melton..... | My Parents. | Mary Atkinson..... | Gold. |
| | | Shirley Rollins..... | Money. |
| | | Maxine Bishop..... | My Cat. |
| | | Joann Corser..... | My Daughters. |
| | | Bertha Grover..... | Nothing but happiness. |
| | | Frances Long..... | To see my family and friends. |



Jacque Rooks, Age-to-Age Liaison, doing the twist with Geneva Myer.



Frances Long enjoys being a volunteer in the Age-to-Age classroom.

Letters to Windsor Place

Dear Windsor Staff,

I don't have any complaints. Everyone there treats Louie so well. I am there every day so I know. They are all friendly, very caring and get along really well and there is laughter and fun. I can't thank all of you enough for caring for Louie when I couldn't anymore. I am your biggest fan and all of our children feel the same! I have no complaints, only praise. I thank God every day for you.

Thank you,
Peggy O'Conner

Home N Sight

Short-term Recovery by Windsor Place

Orthopedic surgery is pretty common these days, but recovery is a difficult journey for some. Whether you're getting a new knee, a new shoulder or a hip repair like Frances did, it may be a struggle for you to return to your own home and care for yourself after you leave the hospital.

That's why we created **Home N Sight**, a residence devoted exclusively to caring for short-term patients recovering from illness, injury or surgery. At **Home N Sight** you can rest and recuperate in our large, well-appointed, private rooms. Occupational, physical and speech therapy services are offered daily by licensed therapists. The therapy department is conveniently located on-site and features a fully-equipped kitchen and bathroom where patients can practice daily living skills before returning home.

The road to recovery can be a long one, but **Home N Sight** can make it a easier. If a joint replacement or other surgery is in your future, we encourage you to plan ahead. Come visit **Home N Sight** and see how we can help you get better faster following your surgery.

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Find Us FAST in
NameS
Numbers



"Home N Sight has been a wonderful experience. Everyone is a pleasure to be around. They are so helpful. All your needs are met. I work with the therapy department every day. I have definitely seen improvement. It helps with my balance and strength in my legs and arms. I can't say enough good things. The nurses are all on their toes, and the aides are just as good as the nurses. My son and daughter-in-law are very pleased with my care. I would live here forever and ever if I needed to."

Frances Daley – Patient at Windsor Place Home N Sight

