

## October Festivities

*By: Karen Wilson, London/Cambridge Activity Director*

Once again it is that time for ghosts and goblins at Windsor Place's Annual Treats Off the Streets. The residents have been working to open up their home to the many kids and adults in the community by decorating throughout the building. The residents are looking forward to seeing lots of kids coming through out the building all dressed up, showing off their cute Halloween costumes. Residents also enjoy dressing up themselves in costume, lining the hallways in anticipation, waiting to hand out candy (and maybe sneak a few pieces for themselves). When handing out candy it gives the kids the opportunity to interact with the older generation. This has always been a fun-filled evening with lots of laughter, smiles and hugs throughout. This has always been one of the highlights of the holidays for the residents.

Also during the month the residents have enjoyed decorating individual pumpkins for our annual pumpkin patch that is displayed at the Cambridge front door entrance. This year we invited the Boys and Girls Club to take part in the Halloween costume contest to be judged by the residents here at Windsor Place. We have also been encouraging staff to dress up for the contest which is something the residents are looking forward to.

This is our first year that Windsor Place Relay for Life has thrown a contest for hall decorating. In order to vote a donation was given and the winning hallway with the most donations received the Relay Spirit Trophy and bragging rights. The proceeds benefit one of many Windsor Place Relay For Life fundraisers throughout the year for the American Cancer Society.

We have also been busy working on Halloween crafts, eating pumpkin pie, reminiscing about their favorite Halloween, watching spooky movies and listening to Halloween songs and sounds.



*Maxine Dale and Hazel Laurie celebrating their birthdays with family.*



*Connie Smart dancig with the Humanities entertainer.*

## Sunnyvale Rest - A Home for the Aged - 1275 Tranquility Lane

### *Kick the Can* (Episode 132 of *The Twilight Zone* was aired in 1962)

By: Michael Mayberry, Administrator

A favorite Fourth of July activity for me is to binge-watch episodes of *the Twilight Zone*. I usually have a chance to watch most of the episodes during the early part of the day and late at night. A particular episode called "*Kick the Can*" came to mind as I was thinking about this month's Town Crier article.

*The Twilight Zone* has become well thought of for its chilling sci-fi and horror elements, but sometimes it can deliver a hard-to-swallow message. "*Kick the Can*" is an excellent example of this, as it is about a nursing home resident who is left out when all his friends are magically transformed into children again. He was left out because he deeply believed that he was too old to play the type of games that he once played when he was a child.

Sunnyvale Rest, a place for the aging. The address is 1275 Tranquility Lane, on the outskirts of town. Like Windsor Place, Sunnyvale Rest offers room & board, nursing care, meals, social opportunities, and activities.

In this version of *Kick the Can*, an old man named Mr. Bloom has just moved into Sunnyvale Retirement Home. He listens to the other elders reminisce about the joys they experienced in their youth. Mr. Bloom says just because we are old doesn't mean we can't enjoy life anymore. Mr. Bloom had a difficult time trying to convince his fellow residents that they were not too old and that they could still enjoy life. Although the residents were skeptical, Mr. Bloom tells them that he will wake them up in the middle of the night so that they can join him in a game of kick the can. Leo Conroy, one of Mr. Bloom's closest friends, objects to the invitation, saying that because he is old he cannot participate in physical activities anymore.

While Leo Conroy sleeps, Mr. Bloom woke up several residents and convinced them to go outside and play a game of kick the can with him. The game transforms Mr. Bloom and his other friends back into children. They are happy to be young again and engage in activities they enjoyed from the past. Mr. Conroy was awakened by the noise and immediately runs out to the front lawn (with the Administrator) and witnessed children playing kick-the-can on the front lawn. Mr. Cox, the Administrator, chases the children away except for one, who stops to look at Mr. Conroy. Conroy, now seeing the miracle, begs for a second chance to go with his friend. But it is too late: he is left behind. Mr. Cox expects Conroy to help him search for the elderly people, but Conroy knows they won't be found.

The segment ends with Mr. Conroy kicking a can around the yard, hoping to recreate the spell that made his friends young again.

The closing narrative of *Kick the Can* went something like this: Sunnyvale Rest, a place for ancient people, who have forgotten the fragile magic of youth; a place for those who have forgotten that childhood, maturity, and old age are curiously intertwined and not separate; and a place for those who have grown too stiff in their thinking. Let's us not accept the closing narrative of the *Twilight Zone* and instead, write our own closing narrative. While writing, ask yourself the following questions:

1. Are you more like Mr. Bloom or Mr. Conroy?
2. Do you believe that you are too old to participate in activities?
3. Are you someone who likes to talk about the past or create new memories?

This piece of Rod Sterling was one of his best episodes he ever came up with. The point that he and his writers were trying to make was that we must continue to play our childhood games--and the moment we stop, we begin to grow old. Make a point to keep a youthful perspective on life. Let us continue to enjoy our youth by keeping an open mind and trying out new things. Always keep room in your life for games like kick the can, kickball, hop-scotch, Santa Claus, the tooth fairy, the Green Giant, and running through the sprinkler and playing in the snow. You can do all these things as an adult without people thinking you're nuts, you just need a kid around to provide cover. There are plenty of them at Windsor Place.

(Source: "*The Twilight Zone*" – *Kick the Can* - Episode 132)



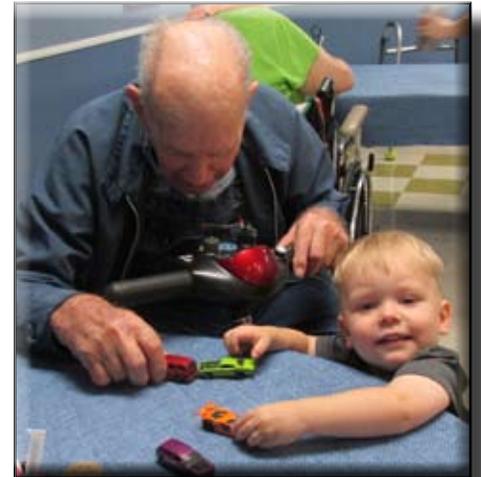
*Geneva Myer playing "Let's Go Fishing" with the Age-to-Age students.*



*London/Cambridge Ladies show off the pumpkins they decorated for their pumpkin patch.*



*London/Cambridge Community Members enjoying a Humanities Program from CCC.*



*Euary Smith playing cars with Tucker.*



*Delores Johnson and Myla Wright partner together for exercises on Oxford.*



*London/Cambridge Ladies painting their initials during craft time.*

## Age-to-Age Kindergarten

Fall has finally arrived and Age-to-Age is certainly taking advantage of all it has to offer. Pumpkins, events that afford us many opportunities to meet new friends and building pleasant memory banks are at the top of the list.

Students started the month of October by hosting the parents at Parent/Teacher's conferences. As expected, we are learning by leaps and bounds and on our way to significant improvements.

To our surprise, we finished exercising one beautiful fall day with the Grandmas and Grandpas only to find the "Great Pumpkin" (Our own Wendy Brown) had delivered pumpkins to the front lawn of Oxford. It truly looked like a pumpkin patch in our own front yard. Each student was able to pick a pumpkin they later decorated with the Grandma readers. FUN! FUN! FUN!

We have enjoyed playing family games with the Grandmas and Grandpas. I don't know who enjoyed this time more, the Elders or the children! We played number dominoes, Let's Go Fishing, board games and puzzles.

Other afternoon intergenerational activities have included charades, decorating paper pumpkins and fingerprint art. The Students and Elders have become accomplished fingerprint artists as they made pumpkins and spiders. Really special was the fact we have our own selves on paper with our fingerprints. Each individual participating was reminded how special and unique they are and that there is no one in this world like them.

Sprinkled in among the monthly activities, we celebrated Spirit Week. We learned how to fight the fight against bullies, treat others and work together for a better world! The children could be starting a new culture in the good old USA!

October 28th found us headed to McCune, Kansas to a real pumpkin patch. When the students returned they were able to share their favorite part of the trip with the Windsor Community Members. We heard about corn mazes, games, hayrack rides, the bus to and from and milking cows to mention a few.

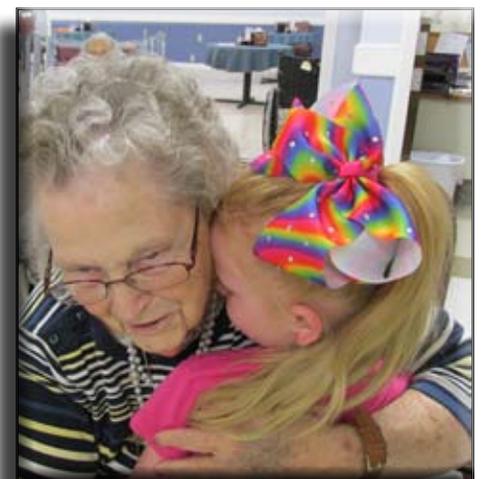
Windsor Grandmas and Grandpas were excited to plan and execute a Halloween party for the Age-to-Age students. We played eyeball relay, spider races and Halloween charades. Topping off the party were refreshments of orange drink and Halloween brownies complimented by a Halloween bag of candy!

We closed October with a storybook parade. Students dressed in a costume that matched a favorite storybook character. This activity led to much conversation and healthy laughter!

To all of our faithful followers, we hope you, like fall, will enjoy the changes of the season as well as the changes in life.



*Age-to-Age students gather around **Lois Carlisle** as she reads them a book.*



***Helen Sumpter** and **Brooklyn Hester** share a hug during Breakfast Buddies.*

**FEATURED RESIDENT****LORI JOHNS**

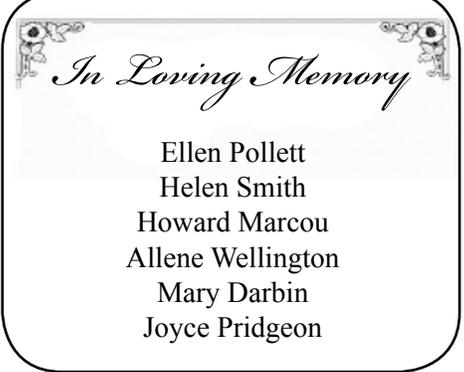
*By: Karen Wilson, London/Cambridge Activity Director*

The Featured Resident for November 2019, is Lori Johns.

Lori was born January 5, 1962 in Osborne, Idaho, to Forest and June Wilson. She was the fifth child born to this union. Lori is the only surviving sibling.

Lori married Richard Johns August 8th, 1988. Together they had one child, Cody Johns. Lori has three grand children. Grayson, Colton, and Ally. During her Career, she worked for Spears manufacturing in Caney, Kansas. Lori was an active member of Tyro Methodist Church. Some of Lori's favorite things are crafts, embroidery, coloring, and gardening. Here at Windsor Place Lori likes to color, watching television, going on the walk around the block on Fridays, social and special events and outing with activities and visiting with family and friends. Lori also loves her special daily visit with Lexi, the med-aides dog.

Congratulations, Lori, for being chosen Feature Resident, for November 2019!

*In Loving Memory*

Ellen Pollett  
Helen Smith  
Howard Marcou  
Allene Wellington  
Mary Darbin  
Joyce Pridgeon

**NEW RESIDENTS TO  
THE COMMUNITY**

Beth McGee  
Billy Jones  
Gene Nunneley  
Mary Angel  
Elda Maxine Dale  
Irene Blake  
Barbara Johnson  
Patricia Warner  
Patricia Wright  
Mary Atkinson  
Mary Fricke  
Joyce Pridgeon  
Cheryl Blackburn  
Rita Wilson  
Irene Gittinger

**COMMUNITY MEMBERS  
CELEBRATING BIRTHDAYS  
THIS MONTH**

Rita Rinkenbaugh	11/03
George Hyatt	11/06
Bobby Kyle	11/06
Barna Barnett	11/10
Terry Coltharp	11/11
Delores Johnson	11/11
Mary Angel	11/15
Robert Gentry	11/22
Dean Powers	11/26
Alberta Stills	11/29
Claretha Wooten	11/29
Bruce Keck	11/30

**MOVED OUT OF THE COMMUNITY**

Phillip Miller  
James Stallings  
Barbara Johnson  
Lavona Rauch  
Rick Means  
Martha Landrith

**STAFF MEMBERS CELEBRATING BIRTHDAYS THIS MONTH**

**EMPLOYEES CELEBRATING ANNIVERSARIES THIS MONTH**

(# of years employed)

Madyson Bromley	2
Sheena Musgrove	2
Julie Drake	3
Ben Conn	4
Crystal Vernon	4
Paula Ferguson	7
Gydel Kendrex	7
Amber Ray	7
Gayla Corser	10
Sarah Herriman	10
Cathy Bentley	12
Champ Carlisle	12
Carol Hagebusch	14

Suzanne Burton	11/03	Carla Barnhart	11/15
Rick Kreager	11/05	Carole Cottrell	11/17
Pamela George	11/05	Lydia Shobe	11/18
Imari Strickland	11/05	Dora Morris	11/22
Shelly Jones	11/07	Dianne Williams	11/24
Donna Handshumaker	11/07	Linda Burns	11/25
Carla Robson	11/07	Tamara Porter	11/26
Randolph Johnson	11/07	Jessica Morris	11/28
Laurie Verratti	11/09	David Parshley	11/28
Paula Ferguson	11/11	Jason Bell	11/28
Julie Drake	11/13	Sarah Herriman	11/29
Melissa Preston	11/14		



*Age-to-Age students visit the pumpkin patch designed by London/Cambridge Community Members.*



*Norma Derringer helps Sevan Grant and Emmett Judd during Age-to-Age's Alligator Hunt.*



*Mary Fricke and Kathleen Matlock making apple pies.*



*Oxford Community Members always enjoy the Humanities programs!*



*Connie Smart takes a turn at ring toss.*



*Frances Long takes to the playground to help students during the Alligator Hunt.*



*Linda Beever playing a letter match game with A'myah Cullins.*



*Dean DeMott enjoying puppet play with Age-to-Age students, Jase Reese and Tyner Bagwell.*



*Children listen intently as Norma Derringer reads them a book.*

## News from Assisted Living

*By Cathey Heady, Assisted Living Activity Director*

The fall season is here, the leaves are changing, the air is cooler, and the business of the holiday season is quickly approaching. This time of year brings much fun and celebration for our staff and residents. Our annual hayride and cookout has become a favorite event for many. Marty and Toni Hill, once again, willingly opened their home to be the backdrop for the night. Transportation driver, Charles Weber, volunteered to drive us around in our trolley for an adventurous “hay ride.” After a nice long journey through the country side, we finally arrived at the Hill home for a delicious spread of hot dogs, potato salad, beans, chips, and of course, s’mores! Special thanks to Allen and Susie Hill for the extra help they put into organizing; Lacie Sisco and team for the food prep; Charles for being our driver, and the many others that make this fun time possible.

Time with our families is always a joy and it is a privilege to have you all be a part of our home. Family parties are a highlight for our residents. The memories that are made, the photos taken, and the relationships that grow are things that can not be replaced. Our fall party was successful with a delightful meal of soups and cupcakes. We are planning ahead for Thanksgiving and Christmas. A traditional meal is served on both holidays. You are welcome to join us for a \$5 charge per guest. It is very helpful to know how many residents and family members will be in the building for meals on these days. If you will be taking your family member out or if you will be joining us here please let staff members know by the Friday before the holiday. Our family Christmas party is the biggest event of the year, it is on Friday, December 13 at 6 pm. It is a free night of family, food, and fun. Attendance to this event is always amazing and we are so happy to have each of you join us in celebration. It is very important that we have an exact number of people attending by Friday, December 6th at 4 pm.

The residents love seeing all the many talents of the community and family members. You make our house a home when you join us for a meal, share a cup of coffee, or treat us to a talent you have. If you would like to set up a time to come and share your talent let me know and I will get it on the calendar!

We wish you a happy fall and a wonderful holiday season. Enjoy all the special moments and memories made with family and friends.



*Al Penner helps Dolores Kyle and Ed Hulsey create the perfect s'more.*



*Gloria and Nadine Carr debate who toasts a better marshmallow.*



*Nothing better than a cookout with friends.*



*Marvin Long, Dolores Kyle, Nadine Carr, and Don Shira compete for the position of domino champ.*



*Florien Rogers and Tyro 2nd grader, James, get ready for card bingo.*



*Dixie Cummings creates a pumpkin masterpiece.*



*Bill Boehme and Tyro 2nd grader, Justice, bonded before our bingo game.*



*Assisted Living Community Members enjoy an adventurous "hay ride".*

# Resident Quotes

## “IF YOU HAD A CHANCE AT A DO OVER IN LIFE, WHAT WOULD IT BE?”

Collected By: Cheryl Brown, Karen Wilson and Amanda Landsaw

- |                      |   |                       |   |
|----------------------|---|-----------------------|---|
| Connie Smart.....    | I like how everything is, so nothing.   | Lori Johns.....       | I would have gone out more when I was younger instead of staying at home so much with my parents.                                 |
| Bertha Grover.....   | I would finish school.  | Faith Carrinder.....  | I can't think of anything. I always was able to do anything I wanted to do. My husband was a great man. My life has been perfect. |
| Sharon Russell.....  | I would have had kids.  | Lois Calisle.....     | I would have gotten a better education so I could have provided a better home and lifestyle for my kids.                          |
| Hazel Laurie.....    | I loved horses as a kid but was not able to ride one until I was 12 years old. My father wouldn't let me ride or I would have ridden earlier. | Beverly Tunstall..... | I would have had a career first before I got married.   |
| Marcia Abell.....    | If I had a chance for a do over, it would be to spend more time with my family.   | Norma Derringer.....  | I wish I would have traveled more and seen the world before I got married and had kids.   |
| Linda Beever.....    | If I could do it all over again, I would go back to my childhood with both of my parents so we could have fun all over again.                 | Frances Long.....     | I would have worked day shift instead of nights so I would have been able to spend more time with my family.                      |
| Doris Larsh.....     | I would do over being with my kids when they were young and we could go on more family vacations.   | Treva Butler.....     | My mom died when I was 3 and my father raised me. I would have loved to have a momma. My dad did a great job!                     |
| Tammy James.....     | If I could have a do over in life, I would go back to age eight, before I became ill and was healthy.   | Ladonna Melton.....   | I would have had more kids.   |
| Delores Johnson..... | If I could go back and have a do over I would go back to school to be a school teacher for the little kids.                                   | Mary Donahey.....     | I would build a new house.  |
| Barbara Frazier..... | I would go back to school and study nursing.  |                       |   |



*London/Cambridge Ladies displaying the fall arrangements they made.*



*Geneva Myer helping make a poster for "Treats-off-the-Streets".*



*Assisted Living Residents came to visit friends who had previously lived at Assisted Living!*



*Tom Jones and Jase Reese exercising during Age-to-Age exercises.*

## Thanksgiving Reservation

I would like to make a reservation for \_\_\_\_\_ people to eat Thanksgiving Day Lunch, which will be served at 11:30 am with: \_\_\_\_\_

(Resident Name)

Meal Cost is \$5.00 per plate.

Signature: \_\_\_\_\_

**Please fill out and return no later than Friday, November 22nd To:**

Lisa Barron, Windsor Place,  
2921 W. 1st Coffeyville, KS 67337 (620)252-4955.

## Mark Your December Calendars Now!

**WHAT:** Christmas Parties at Windsor Place

**WHO:** Family of Windsor Place Residents

**WHEN:** Dec 6 -- Oxford Community

Dec 13 -- London & Cambridge Communities

Dec 20 -- Chelsea Community

